

Child Nutrition Department
Fundraising Information 18-19

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INSPIRE EQUIP IMAGINE



REGULATIONS

Nutrition Standards for All Foods Sold in School
(Healthy, Hunger-Free Kids Act 2010)

- Also known as “Smart Snacks”
- Implemented July 1, 2014
- Any food and beverage sold to students on the school campus during the school day must meet nutrient standards

SMART SNACKS

The law specifies that the nutrition standards shall apply to **all foods sold**:

- outside the school meal programs
- on the school campus; and
- at any time during the school day
 - **school day is the period from the midnight before, to 30 minutes after the end of the official school day**

SMART SNACKS



Fundraising, vending machines, a la carte, school stores, etc.

NUTRITION STANDARDS FOR ALL FOODS SOLD IN SCHOOLS

- Must be a whole grain rich product, include 50% or more whole grains by weight or have a whole grain as the first ingredient; **OR**
- Must have as the first ingredient a fruit, vegetable, dairy product or protein food (meat, beans, poultry, etc.); **OR**
- Must be a “combination food” with at least $\frac{1}{4}$ cup fruit and/or vegetable

NUTRITION STANDARDS FOR ALL FOODS SOLD IN SCHOOLS

NUTRIENT	ENTRÉE	SNACK / SIDE
Calories	≤350	≤200
Sodium	≤480 mg	≤200 mg
Total Sugar	≤35% of weight	≤35% of weight
Total Fat	≤35% total calories	≤35% total calories
Saturated / Trans Fat	≤10% total calories Zero grams (<0.5g)	≤10% total calories Zero grams (<0.5g)

NUTRITION STANDARDS FOR ALL FOODS SOLD IN SCHOOLS: BEVERAGES

Beverages must meet these standards	Elementary Schools	Middle Schools	High Schools
Plain Water/Plain Carbonated Water	Any Size	Any Size	Any Size
Low-Fat Milk, Unflavored	≤ 8 fl. oz.	≤ 12 fl. oz.	≤ 12 fl. oz.
Non-Fat Milk, Flavored or Unflavored	≤ 8 fl. oz.	≤ 12 fl. oz.	≤ 12 fl. oz.
100% Fruit/Vegetable Juice	≤ 8 fl. oz.	≤ 12 fl. oz.	≤ 12 fl. oz.
100% Fruit/Vegetable Juice diluted with water (with or without carbonation) and no added sweeteners	≤ 8 fl. oz.	≤ 12 fl. oz.	≤ 12 fl. oz.
Other Flavored and/or Carbonated beverages ≤ 20 fl. oz.	Not Allowed	Not Allowed	Must Meet: ≤ 5 Calories/8 oz. ≤ 10 Calories/20 oz.
Other Flavored and/or Carbonated beverages ≤ 12 fl. oz.	Not Allowed	Not Allowed	Must Meet: ≤ 40 Calories/8 oz. ≤ 60 Calories/20 oz.
Caffeine	Not Allowed	Not Allowed	Allowed

FBISD Fundraising: CURRENT TIME AND PLACE GUIDELINES

❖ High Schools

- Food sold cannot be in areas where reimbursable meals are sold or served
- Shall allow sales at breakfast 3 days per week and lunch 1 day per week

OR

- Shall allow sales at breakfast 1 day per week and lunch 3 days per week
- Shall allow **one** outside vendor **per week** with potentially hazardous food products containing meat, cheese, milk, eggs or other dairy products

FBISD Fundraising: CURRENT TIME AND PLACE GUIDELINES

❖ Middle School

- Food sold cannot be in areas where reimbursable meals are sold or served
- Competitive food not allowed from thirty minutes before to thirty minutes after meal service

❖ Elementary School

- Competitive foods not allowed during the school day
- Three exempt days where competitive foods have to meet the nutrition standards to be served.

FBISD Fundraising: ADMINISTRATIVE PROVISIONS

RECORD KEEPING AND COMPLIANCE MANDATES

- Mandated by law to maintain records for all competitive food sales; including all labels of foods sold for the Texas Department of Agriculture audit purposes
- Violations to the law requires corrective action plans to be submitted to the State
 - Associated with financial repercussions to District and specific campus
- Please adhere to the law and assist Child Nutrition's goal of total compliance with all regulations

ONLINE SUBMISSION: FOOD SOLD (Fundraising)

- 30 days prior to event
- Nutrition Label must be attached if items are being sold during the school day
- Include date AND time
 - No homemade items
- Accurate contact information
- Principal → CND Director → Assistant Superintendent

FORT BEND INDEPENDENT SCHOOL DISTRICT

Online Registration

New Student Online Registration for the 2018-19 school year will be available beginning July 9, 2018

Business and Finance

- » Department Home
- » Benefits
- » Budget
- » Benefits & Wellness Committee Meetings
- » Budget & Compensation Committee Meetings
- » Monthly Business Meetings
- » Financial Reports
- » Financial Transparency
- » Parent Organizations
- » Fundraisers
- » Purchasing
- » Tax Information

Home » Departments Business and Finance

Fundraisers

Fort Bend ISD requires that all fundraisers be reviewed and approved by the principal and assistant superintendent before being held. This allows the district to be sure that all appropriate laws and policies are followed and helps protect the district, clubs, and organizers from potential problems and scheduling conflicts.

A fundraiser should not begin before final approval (from the assistant superintendent) is given.

The submitter will receive a confirming email when the fundraiser is approved.

The details of the fundraiser request will remain online and may be reviewed and reprinted at a later date.

If you have questions about the process, ask at your campus.

Parent Organizations established in Fort Bend ISD are required to have their fundraisers reviewed and approved by the principal and assistant superintendent before being held. This allows the district to be sure that all appropriate laws and policies are followed and helps protect the district, clubs, and organizers from potential problems and scheduling conflicts.

Campus and Student Activity Funds are deposited by school staff into the District or school's bank account and are controlled by the school, under the direction of a staff sponsor and the principal. Campus Activity Funds are schoolwide funds such as "General", "Library" and "Yearbook". Student Activity Funds are student clubs and the faculty fund.

FYI...

Parent Organizations are PTOs, PTAs, booster clubs, and other parent organizations which are established to promote school programs or complement student groups or activities. Even though a parent organization/booster club works very closely with the District, it is a separate entity from the District. The funds raised by the organization are deposited into the parent organization's bank account and are controlled by its officers.

Important Links

- » Fundraiser Request Instructions
- » Parent Organization Fundraisers Request (Log In)
- » Fort Bend ISD Employee Fundraiser Request (Log In)



Parent Shortcuts

- » 2018-19 School Calendar
- » 2018-19 School Supply Lists
- » Accountability Ratings
- » Attendance Zones
- » Back-to-School
- » Bus Routes
- » Course Selection Guides
- » Criminal Background Check
- » Ethics Reporting/Lighthouse
- » Extended Learning (After-school care)
- » **Fundraiser Request Form**
- » Graduation and Career Planning
- » Graduation Information - Class of 2018

Announcements

FBISD Speak Up: FBISD expands communication tools to support students and combat bullying
[Learn more about Let's Talk - Bullying and more.](#)

Update your Criminal History Check

Parents and volunteers must update their [Criminal History Check](#) each year before they can participate in campus activities.

Headlines & Features

Fort Bend ISD to open Early Intervention Academy for 2018-19 School Year (6/14/2018)

FBISD Parents to Access Report Cards Online Next Year (5/29/2018)

Fort Bend ISD offers various summer fine arts programs for students (4/9/2018)

Community invited to Elkins High School's Project Grad Style Show, Auction and Dinner Event, April 14 (4/4/2018)

Community Meetings planned as Fort Bend ISD launches Facilities Master Planning Process (2/9/2018)

Forty-three (43) Fort Bend ISD students selected as 2018

Hot Topics

[What if I am unable to find something on the FBISD website?](#)

[Who do I contact if I have a concern about my child's school?](#)

School Hours

Elementary School
8:10 a.m. - 3:25 p.m.

Middle School
8:55 a.m. - 4:10 p.m.

High School
7:30 a.m. - 2:45 p.m.

Stay Connected

» In the Zone! - newsletters geared to a specific high school attendance area

Log In

If you are an FBISD Employee, [Login Here](#) instead.

Please enter your username and password.

[Register](#) | If you don't have an account.

- User Name is required.
- Password is required.

Account Information

Parents

User Name*

Password*

☐ Keep me logged in

FOOD SERVED (not sold)

- Class parties, birthday cupcakes, etc.
 - Does not need to meet Smart Snack nutritional guidelines
 - Does need to include ingredient label to be verified for students with food allergies
 - **No longer need to complete the GE-E-4**
(Request for Food Sales or Service) **form**
- No homemade items
- If your organization needs to use the kitchen facilities and/or CND kitchen employees, you will need to complete the **Building Use Request** (contact the school for more information)

Please sign in all outside food brought to school to be given away to students. All outside foods must be accompanied with an ingredient list to ensure the food items do not interfere with students with specific food allergies.

[illegible]

RESOURCES

- Texas Department of Agriculture www.squaremeals.org
- The Alliance for a Healthier Generation
<https://foodplanner.healthiergeneration.org/products/>
- FBISD Child Nutrition Department
281-634-1855 or 281-634-1192

Questions? Thank you!



INSPIRE EQUIP IMAGINE



USDA Smart Snacks in School

Effective July 1, 2014

Food Guidelines

Nutrition Standards for Foods (per item as packaged or served)

Any food sold on the school campus, during the school day must:

- Be a whole grain-rich grain product; **or**
- Have as the first ingredient a fruit, vegetable, dairy product, or protein food; **or**
- Be a combination food that contains at least ¼ cup fruit and/or vegetable; **or**
- Contain 10% of the Daily Value (DV) of a nutrient of public health concern in the *2010 Dietary Guidelines for Americans* (calcium, potassium, vitamin D, or dietary fiber).*

* Effective July 1, 2016, foods may not qualify using the 10% DV criteria.

AND

Foods must also meet all of the specific nutrient standards (with accompaniments):

Calorie limits

Entrée items: ≤ 350 calories

Snack/side items: ≤ 200 calories

Sodium limits

Entrée items: ≤ 480 mg

Snack/side items: ≤ 230 mg**

Fat limits

Total fat: ≤ 35% of total calories

- Exemptions: Reduced fat cheese (including part skim mozzarella), nuts and seeds and nut/seed butters, dried fruit with nuts and/or seeds with no added nutritive sweeteners or fats, seafood with no added fat

Saturated fat: < 10% of total calories

- Exemptions: Reduced fat cheese (including part skim mozzarella), nuts and seeds and nut/seed butters, dried fruit with nuts and/or seeds with no added nutritive sweeteners or fats

Trans fat: zero grams (<0.5g)

Sugar limit

Total sugar: ≤ 35% of weight from total sugars

- Exemptions: Dried/dehydrated fruits or vegetables with no added nutritive sweeteners, dried fruits with nutritive sweeteners for processing and/or palatability, products consisting of only exempt dried fruit with nuts and/or seeds with no added nutritive sweeteners or fats

** Effective July 1, 2016, snack/side items must contain ≤ 200 mg sodium.

Exemptions from meeting all nutrient standards:

- Fresh, frozen, and canned fruits and vegetables with no added ingredients except water; or in the case of fruit, packed in 100% juice, extra light, or light syrup
- Canned vegetables that contain a small amount of sugar for processing purposes
- Entrée items offered as part of the lunch program or breakfast program on the day of service or the day after service (Entrée item is a combination food of M/MA and G, or combination of M/MA and F or V, or a M/MA served alone.)
- Sugar-free chewing gum

USDA Smart Snacks in School

Effective July 1, 2014

Beverage Guidelines

Category	Elem	Middle	High
Plain or Carbonated Water	Any size	Any size	Any size
Low Fat Milk (1%), Unflavored	≤8oz	≤12oz	≤12oz
Non Fat Milk (Skim), Flavored or Unflavored*	≤8oz	≤12oz	≤12oz
100% Fruit or Vegetable Juice (plain or carbonated) with no added sweeteners	≤8oz	≤12oz	≤12oz
100% Fruit or Vegetable Juice, Diluted with Water (plain or carbonated) with no added sweeteners	≤8oz	≤12oz	≤12oz
Calorie-Free Beverages, Flavored and/or Carbonated ≤5 calories per 8oz, or ≤10 calories per 20oz	Not permitted	Not permitted	≤20oz
Low Calorie Beverages, Flavored and/or Carbonated ≤40 calories per 8oz, or ≤60 calories per 12oz	Not permitted	Not permitted	≤12oz

**including nutritionally equivalent milk alternatives as permitted by the school meal requirements.*

Note: Caffeinated beverages are only permitted at the High School level.



All food sold for school-approved fundraisers must comply with federal nutrient standards, as well as Texas law and local policies and procedures. Additional policies follow, listed by school level.

ELEMENTARY SCHOOL

No food may be sold during the school day*.

MIDDLE SCHOOL

Food may be sold, except from 30 minutes prior to the start of meal periods until 30 minutes after meal periods.

HIGH SCHOOL

Food may be sold throughout the school day*, but is not allowed to be sold in the cafeteria and commons area during lunch periods.

- Campus organizations are allowed to sell at breakfast three days per week and lunch one day per week, OR, at breakfast one day per week and lunch three days per week.
- One approved outside vendor is allowed to sell food for fundraising one day per week per campus, provided that the food complies with all nutritional regulations. Organizations may rotate products on a weekly basis.
- Food sold outside the school day is not subject to the aforementioned procedures but must in compliance with the Texas Department of Health policies and procedures at all times.

For more information on the **nutritional guidelines required for fundraisers**, please contact the FBISD Child Nutrition Department at 281-634-1855 or Linda Ankner, MS, RD, LD, FBISD Dietitian at Linda.Ankner@fortbendisd.com or 281-634-1192.

*School day = midnight of the current day to 30 minutes after the last bell.